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The Invention of Hugo Cabret

Our massive, global system of consumption is broken. Our individual relationship with our stuff is broken. In each of our homes, some stuff is broken. And the strain of rampant consumerism and manufacturing is breaking our planet. We need big, systemic changes, from public policy to global economic systems. But we don't need to wait for them. Since founding Fixup, a pop-up repair shop that brought her coverage in The New York Times, Salon, New York Public Radio, and more, Sandra Goldmark has become a leader in the movement to demand better "stuff." She doesn't just want to help us clear clutter—she aims to

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move us away from throwaway culture, to teach us to reuse and repurpose more thoughtfully, and to urge companies to produce better stuff. Although her goal is ambitious, the solution to getting there is surprisingly simple and involves all of us: have good stuff, not too much, mostly reclaimed, care for it, and pass it on. Fixation charts the path to the next frontier in the health, wellness, and environmental movements—learning how to value stewardship over waste. We can choose quality items designed for a long lifecycle, commit to repairing them when they break, and shift our perspective on reuse and "preowned " goods. Together, we can demand that companies get on board. Goldmark shares examples of forward-thinking companies that are thriving by conducting their businesses sustainably and responsibly. Passionate, wise, and practical, Fixation offers us a new understanding of stuff by building a value chain where good design, reuse, and repair are the status quo.

The Virgin Diet

Brutally honest, often hilarious, hard-won lessons in learning to love and care for yourself from a young vice president at Comedy Central who was called "ahead of her time" by Jordan Peele "Compelling, persuasive, and useful no matter where you are in your life."--Chelsea Handler, #1 New York Times bestselling author of Life Will Be the Death of Me "A bracingly honest, funny read . . . like Wild meets You Are a Badass."--Adam Grant, #1 New York Times bestselling author of Give and Take, Originals, and Option B By the time she was in her late twenties, Tara Schuster was a rising TV executive who had worked for The Daily Show with Jon Stewart and helped launch Key & Peele to viral superstardom. By all appearances, she had mastered being a grown-up. But beneath that veneer of success, she was a chronically anxious, self-medicating mess. No one knew that her road to

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adulthood had been paved with depression, anxiety, and shame, owing in large part to her minimally parented upbringing. She realized she'd hit rock bottom when she drunk-dialed her therapist pleading for help. Buy Yourself the F*cking Lilies is the story of Tara's path to re-parenting herself and becoming a "ninja of self-love." Through simple, daily rituals, Tara transformed her mind, body, and relationships, and shows how to * fake gratitude until you actually feel gratitude * excavate your emotional wounds and heal them with kindness * identify your self-limiting beliefs, kick them to the curb, and start living a life you choose * silence your inner frenemy and shield yourself from self-criticism * carve out time each morning to start your day empowered, inspired, and ready to rule * create a life you truly, totally f*cking LOVE This is the book Tara wished someone had given her and it is the book many of us desperately need: a candid, hysterical, addictively readable, practical guide to growing up (no matter where you are in life) and learning to love yourself in a non-throw-up-in-your-mouth-it's-so-cheesy way.

The Healthcare Fix

Million Dollar Coach is the must-have resource for coaches. Increase the income you earn, work when and how you want, watch your clients get incredible results and become empowered to live a life of massive personal freedom. Million Dollar Coach is designed to shift these issues you may be experiencing such as: * Too many coaches hit an income ceiling, and never make the kind of money (or the kind of impact) that they are capable of. They get stuck at one of the 3 plateaus: Survival, Stability or even Success * Most coaches blame themselves, and try to work on their MINDSET - But nothing changes because it's not your mindset that's the problem. It's the MODEL that needs to change. * The model that you bought into when you started your coaching business is

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completely unscalable (Manual prospecting to get a few leads, followed by one-to-one selling and dealing with objections, excuses and stalls and time-for-money coaching so there's never any time for you). * For the last 5 years, the author has been working with a select group of coaches, taking them from Stability to Success and Scale. Taki Moore has a very new approach and he shares the very best of what is working for them to become a Million Dollar Coach. This book is essential reading for coaches of all types and experience-levels and is of particular value for anyone looking to start a coaching business to short cut growing pains and quickly rise to become a Million Dollar Coach.

Fix That Clock

“ A superbly entertaining read. ” —Kirkus Reviews (starred review) “ Will win over teens. ” —School Library Journal (starred review) A teen boy ’ s world gets turned upside-down when a zoo of exotic animals takes over his small town in this wickedly funny, heartbreakingly honest novel that ’ s perfect for fans of David Arnold. In Makersville, Indiana, people know all about Ronney—he ’ s from that mixed-race family with the dad who tried to kill himself, the pill-popping mom, and the genius kid sister. If having a family like that wasn ’ t bad enough, the local eccentric at the edge of town decided one night to open up all the cages of his exotic zoo—lions, cheetahs, tigers—and then shoot himself dead. Go figure. Even more proof that you can ’ t trust adults to do the right thing. Overnight, news crews, gun control supporters, and gun rights advocates descend on Makersville, bringing around-the-clock news coverage, rallies, and anti-rallies with them. With his parents checked out, Ronney is left tending to his sister ’ s mounting fears of roaming lions, stopping his best friend from going on a suburban safari, and shaking loose a lonely boy who follows Ronney wherever he goes. Can Ronney figure out a way to hold it together as all his

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worlds fall apart? From acclaimed author Crystal Chan comes an incisive tale of love, loyalty, and the great leaps we take to protect the people and places we love most.

The Fatburn Fix

With cutting-edge sleep science and time-tested techniques, *The Sleep Solution* will help anyone achieve healthy sleep and eliminate pills, pain, and fatigue. If you want to fix your sleep problems, Internet tips and tricks aren't going to do it for you. You need to really understand what's going on with your sleep—both what your problems are and how to solve them. *The Sleep Solution* is an exciting journey of sleep self-discovery and understanding that will help you custom design specific interventions to fit your lifestyle. Drawing on his twenty-four years of experience within the field, neurologist and sleep expert W. Chris Winter will help you...

- Understand how sleep works and the ways in which food, light, and other activities act to help or hurt the process
- Learn why sleeping pills are so often misunderstood and used incorrectly—and how you can achieve your best sleep without them
- Incorporate sleep and napping into your life—whether you are a shift worker, student, or overcommitted parent
- Think outside the box to better understand ways to treat a multitude of conditions—from insomnia to sleep apnea to restless leg syndrome and circadian sleep disorders
- Wade through the ever-changing sea of sleep technology and understand its value as it relates to your own sleep struggles

Dubbed the “Sleep Whisperer” by Arianna Huffington, Dr. Winter is an international expert on sleep and has helped more than 10,000 patients rest better at night, including countless professional athletes. Now, he's bringing his experiences out from under the covers—redefining what it means to have optimal sleep and get the ZZZs you really need **INCLUDES TIPS, TRICKS, EXERCISES, AND ILLUSTRATIONS**

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Fix It with Food

Author of cult classics *The Pumpkin Plan* and *The Toilet Paper Entrepreneur* offers a simple, counterintuitive cash management solution that will help small businesses break out of the doom spiral and achieve instant profitability. Conventional accounting uses the logical (albeit, flawed) formula: $\text{Sales} - \text{Expenses} = \text{Profit}$. The problem is, businesses are run by humans, and humans aren't always logical. Serial entrepreneur Mike Michalowicz has developed a behavioral approach to accounting to flip the formula: $\text{Sales} - \text{Profit} = \text{Expenses}$. Just as the most effective weight loss strategy is to limit portions by using smaller plates, Michalowicz shows that by taking profit first and apportioning only what remains for expenses, entrepreneurs will transform their businesses from cash-eating monsters to profitable cash cows. Using Michalowicz's Profit First system, readers will learn that:

- Following 4 simple principles can simplify accounting and make it easier to manage a profitable business by looking at bank account balances.
- A small, profitable business can be worth much more than a large business surviving on its top line.
- Businesses that attain early and sustained profitability have a better shot at achieving long-term growth.

With dozens of case studies, practical, step-by-step advice, and his signature sense of humor, Michalowicz has the game-changing roadmap for any entrepreneur to make money they always dreamed of.

The Sleep Solution

ORPHAN, CLOCK KEEPER, AND THIEF, twelve-year-old Hugo lives in the walls of a busy Paris train station, where his survival depends on secrets and anonymity. But when his world suddenly interlocks with an eccentric girl and her grandfather, Hugo's undercover life, and his most precious secret, are put in jeopardy. A cryptic drawing, a treasured notebook, a stolen key, a

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mechanical man, and a hidden message from Hugo's dead father form the backbone of this intricate, tender, and spellbinding mystery.

Fix This Next

Trying to start a business in this economy? Struggling with little or no cash? Have no experience, no baseline to judge your progress against? Whether you 're just starting out or have been at it for years, the Toilet Paper Entrepreneur's "get real", actionable approach to business is a much-needed swift kick in the pants.

How Do We Fix This Mess? The Economic Price of Having it all, and the Route to Lasting Prosperity

On a day when everything goes wrong for him, Alexander is consoled by the thought that other people have bad days too.

The Fix Up

When Michael Symon found out he had rheumatoid arthritis and external lupus, he suspected that what he ate--or didn't eat--could make a profound difference in how he felt. So he committed to a food reset on The Chew--no red meat, white flour, sugar, dairy, or alcohol. He recorded his results using social media to share his experience with his hundreds of thousands of fans--and what happened next was incredible--after a few days, he felt amazing. Michael discovered that dairy, sugar, and processed flours are his triggers, and that by avoiding them, his inflammation essentially vanished. Viewers connected with his journey and asked him to share his recipes. From Ginger and Chile-Roast Chicken to a dairy-free Mac and Cheese, Spaghetti Squash with Arugula Pesto to an Apple and Cherry Oat Crisp, Michael came up with more than

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125 incredible recipes to satisfy his cravings without aggravating his body. The recipes in Fix It with Food provide guidance to both identifying food triggers and creating a meal plan that works around whatever ingredient causes your discomfort.

Fixation

A visionary game designer reveals how we can harness the power of games to boost global happiness. With 174 million gamers in the United States alone, we now live in a world where every generation will be a gamer generation. But why, Jane McGonigal asks, should games be used for escapist entertainment alone? In this groundbreaking book, she shows how we can leverage the power of games to fix what is wrong with the real world—from social problems like depression and obesity to global issues like poverty and climate change—and introduces us to cutting-edge games that are already changing the business, education, and nonprofit worlds. Written for gamers and non-gamers alike, *Reality Is Broken* shows that the future will belong to those who can understand, design, and play games. From the Trade Paperback edition.

The Forever Fix

Each year Americans start one million new businesses, nearly 80 percent of which fail within the first five years. Under such pressure to stay alive—let alone grow—it's easy for entrepreneurs to get caught up in a never-ending cycle of “sell it—do it, sell it—do it” that leaves them exhausted, frustrated, and unable to get ahead no matter how hard they try. This is the exact situation Mike Michalowicz found himself in when he was trying to grow his first company. Although it was making steady money, there was never very much left over and he was chasing customers left and right, putting in twenty-eight-hour days, eight days a week. The punishing

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grind never let up. His company was alive but stunted, and he was barely breathing. That ' s when he discovered an unlikely source of inspiration—pumpkin farmers. After reading an article about a local farmer who had dedicated his life to growing giant pumpkins, Michalowicz realized the same process could apply to growing a business. He tested the Pumpkin Plan on his own company and transformed it into a remarkable, multimillion-dollar industry leader. First he did it for himself. Then for others. And now you. So what is the Pumpkin Plan? Plant the right seeds: Don ' t waste time doing a bunch of different things just to please your customers. Instead, identify the thing you do better than anyone else and focus all of your attention, money, and time on figuring out how to grow your company doing it. Weed out the losers: In a pumpkin patch small, rotten pumpkins stunt the growth of the robust, healthy ones. The same is true of customers. Figure out which customers add the most value and provide the best opportunities for sustained growth. Then ditch the worst of the worst. Nurture the winners: Once you figure out who your best customers are, blow their minds with care. Discover their unfulfilled needs, innovate to make their wishes come true, and overdeliver on every single promise. Full of stories of other successful entrepreneurs, The Pumpkin Plan guides you through unconventional strategies to help you build a truly profitable blue-ribbon company that is the best in its field.

The Hunger Fix

Photoshop Elements 13 looks sharper, performs better, and has more sophisticated photo-editing and slideshow features than previous versions—but knowing which tools to use when can be confusing. The new edition of this bestselling book removes the guesswork. With candid, jargon-free advice and step-by-step guidance, you ' ll get the most out of Elements for everything from sharing and touching-up photos to fun print and online projects.

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The important stuff you need to know: Get to work right away. Import, organize, edit, crop, and color-correct your photos with ease. Retouch any image. Repair and restore old and damaged photos, and patch undesirable areas with Content-Aware Fill. Add pizzazz. Dress up your photos with dozens of filters, layer styles, and special effects. Create the perfect picture. Seamlessly insert people and objects from other photos, using Photomerge Compose. Share your photos. Use new methods to quickly create and email stunning slideshows to friends. Use your words. Make greeting cards, calendars, and flyers by adding text to images. Unleash your creativity. Design photo books, scrapbooks, collages, and other projects.

Buy Yourself the F*cking Lilies

The body's built-in reward system, driven by the chemical dopamine, tells us to do more of the things that give us pleasure: Creative energy, falling in love, entrepreneurship, and even the continued propagation of the human race are driven by this system. Unfortunately, so is the urge to overeat. In *The Hunger Fix*, Dr. Pam Peeke uses the latest neuroscience to explain how unhealthy food and behavioral "fixes" have gotten us ensnared in a vicious cycle of overeating and addiction. She even shows that dopamine rushes in the body work exactly the same way with food as with cocaine. Luckily, we are all capable of rewiring, and the very same dopamine-driven system can be used to reward us for healthful, exciting, and fulfilling activities. *The Hunger Fix* lays out a science-based, three-stage plan to break the addiction to false fixes and replace them with healthier actions. Fitness guides, meal plans, and recipes are constructed to bolster the growth of new neurons and stimulate the body's reward system. Gradually, healthy fixes like meditating, going for a run, laughing, and learning a new language will replace the junk food, couch time, and other bad habits that

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leave us unhappy and overweight. Packed with practical tips, useful advice, and plenty of wit, wisdom, and inspiring stories of those who have successfully transformed their bodies, *The Hunger Fix* is a life-changing program for anyone (of any size) trapped by food obsession and the urge to overeat.

Elevate

A simple, straightforward, and foolproof proposal for universal health insurance from a noted economist. The shocking statistic is that forty-seven million Americans have no health insurance. When uninsured Americans go to the emergency room for treatment, however, they do receive care, and a bill. Many hospitals now require uninsured patients to put their treatment on a credit card which can saddle a low-income household with unpayably high balances that can lead to personal bankruptcy. Why don't these people just buy health insurance? Because the cost of coverage that doesn't come through an employer is more than many low- and middle-income households make in a year. Meanwhile, rising healthcare costs for employees are driving many businesses under. As for government-supplied health care, ever higher costs and added benefits (for example, Part D, Medicare's new prescription drug coverage) make both Medicare and Medicaid impossible to sustain fiscally; benefits grow faster than the national per-capita income. It's obvious the system is broken. What can we do? In *The Healthcare Fix*, economist Laurence Kotlikoff proposes a simple, straightforward approach to the problem that would create one system that works for everyone and secure America's fiscal and economic future. Kotlikoff's proposed Medical Security System is not the "socialized medicine" so feared by Republicans and libertarians; it's a plan for universal health insurance. Because everyone would be insured, it's also a plan for universal healthcare. Participants—including all who are currently uninsured, all

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Medicaid and Medicare recipients, and all with private or employer-supplied insurance—would receive annual vouchers for health insurance, the amount of which would be based on their current medical condition. Insurance companies would willingly accept people with health problems because their vouchers would be higher. And the government could control costs by establishing the values of the vouchers so that benefit growth no longer outstrips growth of the nation's per capita income. It's a "single-payer" plan, but a single payer for insurance. The American healthcare industry would remain competitive, innovative, strong, and private.

Kotlikoff's plan is strong medicine for America's healthcare crisis, but brilliant in its simplicity. Its provisions can fit on a postcard and Kotlikoff provides one, ready to be copied and mailed to your representative in Congress.

Photoshop Elements 13: The Missing Manual

Superfudge meets The Lemonade War in this funny, heartwarming series debut about change, adventure, family, and of course, doughnuts. Tristan isn't Gifted or Talented like his sister Jeanine, and he's always been okay with that because he can make a perfect chocolate chip cookie and he lives in the greatest city in the world. But his life takes a turn for the worse when his parents decide to move to middle-of-nowhere Petersville—a town with one street and no restaurants. It's like suddenly they're supposed to be this other family, one that can survive without bagels and movie theaters. His suspicions about his new town are confirmed when he's tricked into believing the local general store has life-changing chocolate cream doughnuts, when in fact the owner hasn't made them in years. And so begins the only thing that could make life in Petersville worth living: getting the recipe, making the doughnuts, and bringing them back to the town through his very own doughnut stand. But Tristan will soon discover that when starting a business, it helps to be both

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Gifted and Talented, and It's possible he's bitten off more than he can chew A perfect book for: Children with the entrepreneurial spirit! Parents and teachers looking to inspire a growth mindset! Young foodies looking for fun recipes!

The Price We Pay

Some things are easy to fix...but are some meant to stay broken? When sixteen-year-old Jill Whitaker's mom walks out—with a sticky note as a goodbye—only Jill knows the real reason she's gone. But how can she tell her father? Jill can hardly believe the truth herself. Suddenly, the girl who likes to fix things—cars, relationships, romances, people—is all broken up. It used to be, her best friend, tall, blond and hot flirt Sean Addison, could make her smile in seconds. But not anymore. They don't even talk. With nothing making sense, Jill tries to pick up the pieces of her life. When a new guy moves in next door, intense, seriously cute, but with scars—on the inside and out—that he thinks don't show, Jill finds herself trying to make things better for Daniel. But over one long, hot Arizona summer, she realizes she can't fix anyone's life until she fixes her own. And she knows just where to start...

The Nature Fix: Why Nature Makes Us Happier, Healthier, and More Creative

NEW YORK TIMES BESTSELLER! Ivanka is donating the unpaid portion of her advance and all future royalties received from Women Who Work to the Ivanka M. Trump Charitable Fund, a donor advised fund that will make grants to organizations that empower and educate women and girls.* "This is a chatty step-by-step guide to living a happy life and getting ahead in a career." —USA Today "The advice is spot-on for everyone, not just women." —Tony Hsieh, CEO of Zappos.com and author of

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Delivering Happiness I believe that when it comes to women and work, there isn't one right answer. The only person who can create a life you'll love is you. Our grandmothers fought for the right to work. Our mothers fought for the choice to be in an office or to stay at home. Our generation is the first to fully embrace and celebrate the fact that our lives are multidimensional. Thanks to the women who came before us and paved the way, we can create the lives we want to lead—which look different for each of us. I've been fortunate to be able to build my career around my passions, from real estate to fashion. But my professional titles only begin to describe who I am and what I value. I have been an executive and an entrepreneur, but also—and just as importantly—a wife, mother, daughter, and friend. To me, “work” encompasses my efforts to succeed in all of these areas. After appearing on *The Apprentice* years ago and receiving a flood of letters from young women asking for guidance, I realized the need for more female leaders to speak out publicly in order to change the way society thinks and talks about “women who work.” So I created a forum to do just that. This book evolves the conversation that started on IvankaTrump.com, where so many incredible women (and men!) have shared their experiences, advice, ambitions, and passions. Women who work lead meetings and train for marathons. We learn how to cook and how to code. We inspire our employees and our children. We innovate at our current jobs and start new businesses. *Women Who Work* will equip you with the best skills I've learned from some of the amazing people I've met, on subjects such as identifying opportunities, shifting careers smoothly, negotiating, leading teams, starting companies, managing work and family, and helping change the system to make it better for women—now and in the future. I hope it will inspire you to redefine success and architect a life that honors your individual passions and priorities, in a way only you can. * The Ivanka M. Trump Charitable Fund (the “Fund”) is a donor advised fund that supports the economic empowerment of women and girls. Ivanka Trump is the grant

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advisor to the Fund and sole member of IT WWW Pub, LLC (the “ LLC ”), which receives royalties from the publication of Women Who Work. The LLC will contribute a minimum \$425,000 to the Fund, which is the unpaid portion of the advance, net of expenses. In addition, the LLC will contribute all future royalties it receives that are in excess of the advance to the Fund during the period from May 1, 2017 to May 1, 2022.

Women Who Work

In the tradition of Dale Russakoff's *The Prize* and Dana Goldstein's *The Teacher Wars*, Wexler brings together history, research, and compelling characters to pull back the curtain on the fundamental flaws in the American system - one that fellow reformers, journalists, and policymakers have long overlooked, and of which the general public, including many parents, remains unaware.

Alexander and the Terrible, Horrible, No Good, Very Bad Day

“ I ’ ve totally washed away the dream of having one more child. ” “ I had never intended to be a stay-at-home-parent, but the cost of child care turned me into one. ” “ We had to pull our toddler out of his program because we couldn ’ t afford to have two kids in high-quality care. ” These are not the voices of those down on their luck, but the voices of America ’ s middle class. The lack of affordable, available, high-quality childcare is a boulder on the backs of all but the most affluent. Millions of hard-working families are left gasping for air while the next generation misses out on a strong start. To date, we ’ ve been fighting this five-alarm fire with the policy equivalent of beach toy water buckets. It ’ s time for a bold investment in America ’ s families and America ’ s future. There ’ s only one viable solution: Childcare should be free.

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A Wrinkle in Time

One handywoman. One single dad. One set of twins. And the wall isn't the only thing being drilled. I learned the hard way that being a handywoman isn't easy. The questions, the stares--the assumption I'm the proud owner of a cock and balls. Not that it matters. I've proven over and over that I'm ready for anything the judgmental asses throw at me. Except the hot, single dad of twins who just moved to town. Brantley Cooper gets the shock of his life when I show up on his doorstep to fix up his kids' new rooms. His son is confused why 'the pretty lady has a drill,' and his daughter has a new obsession--me. On paper, my job is easy. Go in, do their bedrooms, and leave. In theory, I'm spending eight hours a day with a guarded, sexy as hell guy, and I'm staying for dinner more often than I'm eating it alone, on my couch, with Friends re-runs. I shouldn't be staying for dinner. I shouldn't be helping him out with the twins. I shouldn't be falling in love with tiny toes and dimpled cheeks. And I most definitely should not be kissing my client. Oops. MISS FIX-IT is a brand-new, standalone romantic comedy from New York Times bestselling author, Emma Hart, who brought you BEING BROOKE and CATCHING CARLY.

If I Fix You

In Heir Apparent there are as many ways to win as there are to get killed. Giannine can testify to how many ways there are to die—it's about all she's been able to do since she started playing. Now all she has to do is get the magic ring, find the stolen treasure, answer the dwarf's dumb riddles, come up with a poem for the head-chopping statue, cope with the army of ghosts, outmaneuver her half brothers, and defeat the man-eating dragon. If she can do all of that, why, she just might save her own life!

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Profit First for Ecommerce Sellers

'Robert Peston's compelling account of global financial meltdown is a must-read.' Observer What can we learn from the 2008 recession? ITV's political editor explains the global economic mess and how to escape it - in his characteristically straightforward way. 'How do we fix this mess? I don't know. But don't stop reading now. Perhaps if we have a clearer understanding of what went wrong, we'll have a better idea of what needs to be done. This book is a map of what needs to be fixed.' The record-breaking unbroken growth between 1992 and 2008 wasn't the economic miracle that it seemed. It was based on a number of dangerous illusions - most notably that it didn't matter that the UK and US year after year consumed more than they earned. But we couldn't go on increasing our indebtedness forever. The financial crash of 2007/8 and the subsequent economic slump in much of the west was the moment when we realised we had borrowed more than we could afford to repay. So who got it wrong? Bankers, investors and regulators? And were they greedy, stupid or asleep? What was the role of government? And what part did we, as consumers, play in all this? How do we get through this difficult period of transition to a more sustainable economy, one based on investment and exports, rather than on borrowing and consumption? With the same probing lucidity he brought to *Who Runs Britain?* and *WTF?*, Robert Peston takes us step-by-step towards a common sense way to fix this mess.

The Pumpkin Plan

There are four critical areas that today's ecommerce sellers struggle with in growing their businesses - managing inventory relying on debt; understanding their financial data; and maintaining focus. Cyndi Thomason has taken the core concepts of the Profit First

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methodology created by Mike Michalowicz and customized them to ecommerce.

The Doughnut Fix

From New York Times bestseller, Kendall Ryan, comes a sexy new standalone novel. My tempting and very alpha friend Sterling Quinn is someone I consider off-limits. It's not just that we're friends, he's also cocky, confident, and British, which means he's a walking aphrodisiac. But lately he's been giving me the look. You know the one. When he thinks I'm not paying attention, and his gaze lingers for too long. When we start working together, that's when the sexual tension between us gets so thick, I want to hack through it with a machete. I want to make all these deep feelings I've harbored for him disappear, because there's no way this can end well. The lines between business and pleasure become irrevocably blurred, and I'm stuck between a rock and Sterling's very, very hard place. Rather than keep a level head about our growing attraction, Sterling wants to go all in, showing me just how explosive we can be together. But I've been around long enough to know that this British bad boy is more than my heart can handle. I'm not about to be cast aside like yesterday's underwear when he's done having fun. Sterling 's never been told no, and he's not about to put his ego aside and play by my rules. But I never thought he'd fight so dirty.

Miss Fix-It

The biggest ingredient to success is timing, yet everyone ignores it. Surge is a step by step guide to position your business directly in front of surging customer demand. You can time the market, after all.

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The Knowledge Gap

Do you worry that your business will collapse without your constant presence? Are you sacrificing your family, friendships, and freedom to keep your business alive? What if instead your business could run itself, freeing you to do what you love when you want, while it continues to grow and turn a profit? It's possible. And it's easier than you think. If you're like most entrepreneurs, you started your business so you could be your own boss, make the money you deserve, and live life on your own terms. In reality, you're bogged down in the daily grind, constantly putting out fires, answering an endless stream of questions, and continually hunting for cash. Now, Mike Michalowicz, the author of *Profit First* and other small-business bestsellers, offers a straightforward step-by-step path out of this dilemma. In *Clockwork*, he draws on more than six years of research and real life examples to explain his simple approach to making your business ultra-efficient. Among other powerful strategies, you will discover how to:

- Make your employees act like owners: Free yourself from micromanaging by using a simple technique to empower your people to make smart decisions without you.
- Pinpoint your business's most important function: Unleash incredible efficiency by identifying and focusing everyone on the one function that is most crucial to your business.
- Know what to fix next: Most entrepreneurs try to fix every inefficiency at once and end up fixing nothing. Use the "weakest link in the chain" method to find the one fix that will add the most value now. Whether you have a staff of one, one hundred, or somewhere in between, whether you're a new entrepreneur or have been overworked and overstressed for years, *Clockwork* is your path to finally making your business work for you.

Million Dollar Coach

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A Wrinkle in Time is the winner of the 1963 Newbery Medal. It was a dark and stormy night—Meg Murry, her small brother Charles Wallace, and her mother had come down to the kitchen for a midnight snack when they were upset by the arrival of a most disturbing stranger. "Wild nights are my glory," the unearthly stranger told them. "I just got caught in a downdraft and blown off course. Let me sit down for a moment, and then I'll be on my way. Speaking of ways, by the way, there is such a thing as a tesseract." A tesseract (in case the reader doesn't know) is a wrinkle in time. To tell more would rob the reader of the enjoyment of Miss L'Engle's unusual book. A Wrinkle in Time, winner of the Newbery Medal in 1963, is the story of the adventures in space and time of Meg, Charles Wallace, and Calvin O'Keefe (athlete, student, and one of the most popular boys in high school). They are in search of Meg's father, a scientist who disappeared while engaged in secret work for the government on the tesseract problem.

The Toilet Paper Entrepreneur

A proven plan to optimize your health by reclaiming your natural ability to burn body fat for fuel The ability to use body fat for energy is essential to health—but over decades of practice, renowned family physician Catherine Shanahan, M.D., observed that many of her patients could not burn their body fat between meals, trapping them in a downward spiral of hunger, fatigue, and weight gain. In *The Fatburn Fix*, Dr. Shanahan shows us how industrially produced vegetable oils accumulate in our body fat and disrupt our body's energy-producing systems, driving food addictions that hijack our moods and habits while making it nearly impossible to control our weight. To reclaim our health, we need to detoxify our body fat and help repair our "fatburn" capabilities. Dr. Shanahan shares five important rules to fix your fatburn: 1) Eat natural fats, not vegetable oils. 2) Eat slow-digesting carbs, not

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starchy carbs or sweets. 3) Seek salt. 4) Drink plenty of water. 5) Supplement with vitamins and minerals. She then provides a revolutionary, step-by-step plan to help reboot your fatburn potential in as little as two weeks. This customizable two-phase plan is widely accessible, easy to follow, and will appeal to the full spectrum of diet ideologies, from plant-based to carnivore to keto and beyond. By making a few changes to what you eat and when, you will lose unwanted weight and restore your body ' s ability to store and release energy. With *The Fatburn Fix*, Dr. Shanahan shows how regaining your fatburn is the key to effortless weight loss and a new, elevated life, paving the way to abundant energy and long-term health and happiness.

Clockwork

"The official sequel to *The Oz Principle*, 240 solutions to your toughest business problems"--T.p.

Surge

Fascinating narrative science that explores the next frontier in medicine and genetics through the very personal prism of the children and families gene therapy has touched. Eight-year-old Corey Haas was nearly blind from a hereditary disorder when his sight was restored through a delicate procedure that made medical history. Like something from a science fiction novel, doctors carefully injected viruses bearing healing genes into the DNA of Corey's eyes—a few days later, Corey could see, his sight restored by gene therapy. *THE FOREVER FIX* is the first book to tell the fascinating story of gene therapy: how it works, the science behind it, how patients (mostly children) have been helped and harmed, and how scientists learned from each trial to get one step closer to its immense promise, the promise of a "forever fix," - a cure that, by

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fixing problems at their genetic root, does not need further surgery or medication. Told through the voices of the children and families who have been the inspiration, experimental subjects, and successes of genetic science, THE FOREVER FIX is compelling and engaging narrative science that tells explores the future of medicine as well as the families and scientists who are breaking new ground every day.

Heir Apparent

NOW A USA TODAY AND WALL STREET JOURNAL BESTSELLER! What are your limits? Care to break them? To inspire change in yourself and your team, you must break free from what's holding you down. In Elevate, Robert Glazer reveals four life-changing principles — or capacities — that will allow you to overcome self-limiting beliefs, establish positive habits, and find your "why." As we look to elevate ourselves, we mean so much more than beating the competition. After all, our greatest competition is ourselves! We need to find ways to consistently outperform ourselves and our own expectations. Robert Glazer has built a career on accelerating productivity and careers. ELEVATE is based on his five foundational elements necessary for increasing our capacity: Finding Your Why, Overcoming Self-Limiting Beliefs, Setting Goals and Creating Accountability, Maintaining Health and Wellness, and Establishing Routine and Positive Habits. The key is elevating yourself beyond the edge of your current abilities. Challenge yourself, and the result will inspire others to rise along with you. It's time to break free of your limits.

Reality Is Broken

"Highly informative and remarkably entertaining." —Elle From forest trails in Korea, to islands in Finland, to eucalyptus groves in

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California, Florence Williams investigates the science behind nature 's positive effects on the brain. Delving into brand-new research, she uncovers the powers of the natural world to improve health, promote reflection and innovation, and strengthen our relationships. As our modern lives shift dramatically indoors, these ideas—and the answers they yield—are more urgent than ever.

Profit First

Janice Erlbaum's *Let Me Fix That for You* is a quirky, touching, and laugh-out-loud middle-grade novel about a girl capable of fixing everything but her own life. Twelve-year-old Gladys Burke may not have many friends, but at least she has her empire. From her table at the back of the cafeteria, Glad arranges favors for her classmates in exchange for their friendship. She solves every problem, handles every situation, and saves every butt. But the jobs keep getting harder, and when Glad decides the problem that most needs fixing is her parents' relationship, she finds herself in way over her head. She'll have to call in all her favors and use all her skills to help the person who most needs it—herself.

All That I Can Fix

Your fat is not your fault. Are you eating all the right things—low-fat yogurt, egg-white omelets, whole-grain bread, even tofu—but still can't lose the weight? Your favorite "diet" foods may be to blame. In this groundbreaking program, nutrition and fitness expert JJ Virgin reveals the real secret behind weight gain—food intolerance. A negative reaction to certain foods like dairy or gluten can sabotage your health by triggering inflammation and causing a host of nasty symptoms like bloating, breakouts, headaches, achy joints and—worst of all—stubborn weight gain. On The Virgin Diet, you'll eat plenty of anti-inflammatory, healing foods to reclaim

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your health and reset your metabolism, while avoiding the 7 foods that are most likely to cause food intolerance. You'll never feel hungry or deprived, and in just one week, you'll drop up to 7 pounds, lose belly bloat, gain energy, clear up inflammation and look and feel years younger. And that's just the beginning!

How to Fix a Broken Heart

Business Book of the Year--Association of Business Journalists From the New York Times bestselling author of Unaccountable comes an eye-opening, urgent look at America's broken health care system--and the people who are saving it. "A must-read for every American." --Steve Forbes, editor-in-chief, FORBES One in five Americans now has medical debt in collections and rising health care costs today threaten every small business in America. Dr. Makary, one of the nation's leading health care experts, travels across America and details why health care has become a bubble. Drawing from on-the-ground stories, his research, and his own experience, *The Price We Pay* paints a vivid picture of price-gouging, middlemen, and a series of elusive money games in need of a serious shake-up. Dr. Makary shows how so much of health care spending goes to things that have nothing to do with health and what you can do about it. Dr. Makary challenges the medical establishment to remember medicine's noble heritage of caring for people when they are vulnerable. *The Price We Pay* offers a roadmap for everyday Americans and business leaders to get a better deal on their health care, and profiles the disruptors who are innovating medical care. The movement to restore medicine to its mission, Makary argues, is alive and well--a mission that can rebuild the public trust and save our country from the crushing cost of health care.

Let Me Fix That for You

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From Mike Michalowicz, the author of PROFIT FIRST, CLOCKWORK, and THE PUMPKIN PLAN, comes the ultimate diagnostic tool for every entrepreneur. The biggest problem entrepreneurs have is that they don't know what their biggest problem is. If you find yourself trapped between stagnating sales, staff turnover, and unhappy customers, what do you fix first? Every issue seems urgent -- but there's no way to address all of them at once. The result? A business that continues to go in endless circles putting out urgent fires and prioritizing the wrong things.

Fortunately, Mike Michalowicz has a simple system to help you eradicate these frustrations and get your business moving forward, fast. Mike himself has lived through the struggles and countless distractions of entrepreneurship, and devoted years to finding a simple way to pinpoint exactly where to direct attention for rapid growth. He figured out that every business has a hierarchy of needs, and if you can understand where you are in that hierarchy, you can identify what needs immediate attention. Simply fix that one thing next, and your business will naturally and effortlessly level-up. Over the past decade, Mike has developed an ardent following for his funny, honest, and actionable insights told through the stories of real entrepreneurs. Now, Fix This Next offers a simple, unique, and wildly powerful business compass that has already helped hundreds of companies get to the next level, and will do the same for you. Immediately.

Fix It

“ Fix Her Up ticks all my romance boxes. Not only is it hilarious, it ’ s sweet, endearing, heartwarming and downright sexy. It ’ s a recipe for the perfect love story. ” — Helena Hunting, New York Times bestselling author of Meet Cute A steamy, hilarious new romantic comedy from New York Times bestselling author Tessa Bailey, perfect for fans of Christina Lauren and Sally Thorne!

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Georgette Castle 's family runs the best home renovation business in town, but she picked balloons instead of blueprints and they haven ' t taken her seriously since. Frankly, she ' s over it. Georgie loves planning children ' s birthday parties and making people laugh, just not at her own expense. She ' s determined to fix herself up into a Woman of the World whatever that means. Phase one: new framework for her business (a website from this decade, perhaps?) Phase two: a gut-reno on her wardrobe (fyi, leggings are pants.) Phase three: updates to her exterior (do people still wax?) Phase four: put herself on the market (and stop crushing on Travis Ford!) Living her best life means facing the truth: Georgie hasn ' t been on a date since, well, ever. Nobody ' s asking the town clown out for a night of hot sex, that ' s for sure. Maybe if people think she ' s having a steamy love affair, they ' ll acknowledge she ' s not just the " little sister " who paints faces for a living. And who better to help demolish that image than the resident sports star and tabloid favorite. Travis Ford was major league baseball ' s hottest rookie when an injury ended his career. Now he ' s flipping houses to keep busy and trying to forget his glory days. But he can ' t even cross the street without someone recapping his greatest hits. Or making a joke about his... bat. And then there's Georgie, his best friend ' s sister, who is not a kid anymore. When she proposes a wild scheme—that they pretend to date, to shock her family and help him land a new job—he agrees. What ' s the harm? It ' s not like it ' s real. But the girl Travis used to tease is now a funny, full-of-life woman and there ' s nothing fake about how much he wants her

Fix Her Up

Imagine if we treated broken hearts with the same respect and concern we have for broken arms? Psychologist Guy Winch urges us to rethink the way we deal with emotional pain, offering warm, wise, and witty advice for the broken-hearted. Real heartbreak is

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unmistakable. We think of nothing else. We feel nothing else. We care about nothing else. Yet while we wouldn't expect someone to return to daily activities immediately after suffering a broken limb, heartbroken people are expected to function normally in their lives, despite the emotional pain they feel. Now psychologist Guy Winch imagines how different things would be if we paid more attention to this unique emotion—if only we can understand how heartbreak works, we can begin to fix it. Through compelling research and new scientific studies, Winch reveals how and why heartbreak impacts our brain and our behavior in dramatic and unexpected ways, regardless of our age. Emotional pain lowers our ability to reason, to think creatively, to problem solve, and to function at our best. In *How to Fix a Broken Heart* he focuses on two types of emotional pain—romantic heartbreak and the heartbreak that results from the loss of a cherished pet. These experiences are both accompanied by severe grief responses, yet they are not deemed as important as, for example, a formal divorce or the loss of a close relative. As a result, we are often deprived of the recognition, support, and compassion afforded to those whose heartbreak is considered more significant. Our heart might be broken, but we do not have to break with it. Winch reveals that recovering from heartbreak always starts with a decision, a determination to move on when our mind is fighting to keep us stuck. We can take control of our lives and our minds and put ourselves on the path to healing. Winch offers a toolkit on how to handle and cope with a broken heart and how to, eventually, move on.

Crawling Behind: America's Child Care Crisis and How to Fix It

A construction crew rebuilds a rickety old clock tower that has become home to wild animals in this picture book for fans of *Sheep in a Jeep* and *Goodnight, Goodnight, Construction Site*. An

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underlying message of cooperation and conservation drives this rollicking introduction to counting and shapes. The old clock tower used to stand tall and proud. Now, it ' s rusty, dusty, moldy, musty. A construction team decides to turn zigzags into squares and get the clock chiming again. But wait: What will happen to all the animals who have made this dilapidated clock their home? Nothing can ' t be fixed and everyone is welcome in Fix That Clock, a celebration of hard work, compassion, and collaboration.

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