

## Small Group Counseling Grades 2 5 With Cd

Don't Laugh at Me  
Girls in Real Life Situations  
Operation Resources in Education  
Hatching Tier Two and Three Interventions in Your Elementary School Counseling Program  
Small Group Counseling for Children  
Soda Pop Head  
Anger Management  
School, Family, and Community Partnerships  
Step Up to Better Grades  
The Colour Monster  
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Making Friends Is an Art!  
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Wilma Jean the Worry Machine  
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The Zones of Regulation  
Building Everyday Leadership in All Kids  
Worry Says What?  
Building Resiliency  
Classroom Guidance from A to Z  
Building Champions  
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School Counseling Classroom Guidance  
My Daddy is in Jail  
Salvaging Sisterhood  
Bullying in the Girl's World  
Creative Approaches for Counseling Individual Children in the School Setting

### Don't Laugh at Me

Students will have the opportunity to learn about these 10 character traits and incorporate them into their own lifestyles through experiences such as discussion, role-play, decision-making activities, self-evaluation, and art activities.

### Girls in Real Life Situations

This book provides 100+ creative activities for helping the child and the problem. In individual counselling with children, we need to connect with the child, gather information about the child and their needs, explore the problem, implement and create a plan together, and then assess if the plan is working. Various contact forms, referrals, feedback forms, and information gathering activities are included along with activities to assist in understanding and dealing with the problem. In addition, creative activities are shared to deal with specific problem areas of: Feelings; Self-Concept; Friendship; Academic Support; Behavior; Divorce; and Death.

### Operation

One day, Colour Monster wakes up feeling very confused. His emotions are all over the place; he feels angry, happy, calm, sad and scared all at once! To help him, a little girl shows him what each feeling means through colour. A gentle exploration of feelings for young and old alike.

### Resources in Education

### Hatching Tier Two and Three Interventions in Your Elementary School

### Counseling Program

Allison Edwards, author of the best-selling book *Why Smart Kids Worry*, gives a glimpse into the ways worry whispers to young minds, and offers a powerful tool all children can use to silence those fears. "Worry's songs tie my tummy up in knots, and the things he says make my heart beat very fast. Sometimes he speaks in a whisper, and other times his voice gets so loud I can't hear anything else." Worry and anxiety are currently the top mental health issues among children and teens. Children have a number of worries throughout childhood that will come and go. The problem is not with the worries themselves, but that children believe the worries to be true. With a relatable story and beautiful artwork, *Worry Says What?* will help children (and adults) flip their thinking when anxious thoughts begin and turn them into powerful reminders of all they are capable of accomplishing.

### Small Group Counseling for Children

This book teaches children to manage their thoughts and words without interrupting.

### Soda Pop Head

It's okay to need some help. It's okay to be a different color. It's okay to talk about your feelings. From the bestselling author Todd Parr comes a reassuring book about being who you

are. Told with Todd Parr's signature wit and wisdom, *It's Okay to Be Different* cleverly delivers the important messages of acceptance, understanding, and confidence in an accessible, child-friendly format. The book features the bold, bright colors and silly scenes that made Todd a premiere voice for emotional discussions in children's literature. Targeted to young children first beginning to read, this book will inspire kids to celebrate their individuality through acceptance of others and self-confidence--and it's never too early to develop a healthy self-esteem. *It's Okay to be Different* is designed to encourage early literacy, enhance emotional development, celebrate multiculturalism and diversity, and promote character growth.

### Anger Management

New English-Spanish bilingual edition gives young children strategies to ease anxieties and worries and feel better again. Everyone feels worried or anxious at times, and young children are no exception. Friendly and supportive, this bilingual English-Spanish book explains what worries are and how it feels to be worried, assuring children that lots of kids—and grown-ups too—feel worried. Children learn that there are many ways to help their worries go away: “Guess what? You are bigger than your worries. You can learn to make your worries smaller and smaller and smaller.” Talking about worries, moving around, keeping hands busy, breathing deeply, getting a big hug, and thinking good thoughts are all ways for children to cope with worries. A special section for adults in both languages offers activities and discussion starters for home, school, and child care. *Best Behavior® Bilingual Series The Best Behavior®* bilingual series uses simple words in English and Spanish and delightful full-color

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illustrations to guide children to choose peaceful, positive behaviors. Select titles are available in two versions: a durable board book for ages baby to preschool and a longer, more in-depth paperback for ages four to seven. Kids, parents, and teachers love these award-winning books. All include helpful tips and ideas for parents and caregivers.

### School, Family, and Community Partnerships

Mrs. Joyce, the school counselor at Emerson Elementary, uses high-fives to connect with her students. When Raymond moves to town he's not sure what to think of Mrs. Joyce. He enters her office nervous and full of questions, but it doesn't take long for him to trust the caring counselor. By learning exactly what a school counselor does, Raymond finds he has nothing to fear and much to gain from friendly Mrs. Joyce. Building relationships is one of the primary jobs of a school counselor. Whether it's giving a high-five, a thumbs-up, a fist bump, a handshake or a hug, finding a way to connect with students is vital. "Mrs. Joyce Gives the Best High-Fives" is a fun-loving story that explains the important role of the school counselor. Grades K-6, Softcover, 32 pages Other titles written by Erainna to help school counselors help children The Bully Trap (bullying) Superheroes (bystander power) Mathsketball (test anxiety) It's Good to Be Me (self-confidence) Frenemy Jungle (relational aggression) Cyberfriend? (cyberbullying) Friendship Tug-of-War (friendship triangle) Winter Wishes (kindness and compassion) No Thanks! Saying NO to Alcohol and Drugs (Red Ribbon Week) Sarah's Sick Day (Red Ribbon Week) Charlie and the Curious ClubCandy or Medicine? (Red Ribbon Week) New School, New Friends (new friendships)

### Step Up to Better Grades

#### The Colour Monster

This heartwarming book encourages positive behavior by using the concept of an invisible bucket to show children how easy and rewarding it is to express kindness, appreciation, and love by "filling buckets." Updated and revised, this 10th anniversary edition will help readers better understand that "bucket dipping" is a negative behavior, not a permanent label. It also explains that it's possible to fill or dip into our own buckets.

#### Guidance Mini Lessons

Ready your school counseling program for the kids who need it the most! When you provide the right intervention for a student in need, you make a positive classroom experience possible—for that student and the entire school. This hands-on guide offers a systematic, evidence-based approach to implementing high-quality, targeted, data-driven interventions within an MTSS. Features include:

- Thorough exploration of Tier 2 and Tier 3 activities
- Guidelines for progress monitoring and collaboration with teachers and family
- Templates for developing action plans
- Web-based resources, including downloadable templates and a discussion guide
- Personal stories from practicing counselors and teachers of the year

### Justin Case

#### Making Friends Is an Art!

Hoping that the enemy pie which his father makes will help him get rid of his enemy Jeremy Ross, a little boy finds that instead it helps make a new friend. By the illustrator of Odd Velvet. Jr Lib Guild.

#### Super Emma

"Operation breaking the boy code is a one of a kind 8-week small group guidance program for boys in grades 3-5. This innovative expressive art therapy group gives boys a rare opportunity to experience and celebrate different areas of masculinity" -- Back cover.

#### Spectacular Guidance Activities for Kids

These two ground-breaking books provide everything you will need to conduct effective small group counseling with children. They provide needs assessments for each topic to help determine the specific needs of the group and also a choice of skill-building activities for each topic with a correlation chart to the needs assessment. The curricula contained in these two

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books include self-concept, friendship and school success. The grades 2-5 book also features anger management.

### The Invisible Boy

Includes suggestions for caregivers and optional small-group counseling activities for helping children cope with the incarceration of a loved one.

### Worries Are Not Forever / Las preocupaciones no duran para siempre

The Texas Model for Comprehensive School Counseling Programs is a resource to develop effective and high quality comprehensive school counseling programs that align with Texas statutes and rules governing the work of school counselors. It outlines a process for tailoring school counseling programs to meet the varying needs of students across an array of school districts through implementation of the four components of school counseling programs, Guidance Curriculum, Responsive Services, Individual Planning, and System Support. With this resource, a school counselor will learn to use campus-specific data to identify the unique needs of a campus and design a comprehensive school counseling program to meet those needs. Recognizing the important roles of the entire educational community, the Texas Model for Comprehensive School Counseling Programs provides examples of how parents, teachers, administrators, principals and school counselors can best contribute to implementation of each

of the four components of comprehensive school counseling programs. It provides a developmental framework for a school counseling program curriculum that includes activities at each grade level to enhance students' educational, career, personal and social development.

### ASCA National Model

Girl bullying/relationally aggressive behaviour appears to be motivated by underlying fear and insecurity. The first step to counteracting girl bullying is an awareness of the hidden causes of girl bullying. The second step is gaining an understanding that these are behaviours we don't have to accept. And the third step is sharing support and skill building for dealing with and/or reducing girl bullying behaviour. She includes a section on parent workshops and handouts. This book provides a school-based approach to girl bullying that includes class lessons, small group activities and ideas for individual counselling. The class lessons include stories, activities, suggestions and reproducible student worksheets. These strategies are not just for girls and can include the entire class. The group approach includes surveys, stories, strategies, student assessments, and group activities. The individual counselling section includes situation cards, activities, student worksheets, and a simple problem solving model.

### Enemy Pie

Annie is really smart, but she needs a plan for focusing on her work at school and getting her

homework turned in.

### Annie's Plan

Intended for school counselors to aid in the learning of developmental classroom guidance, *School Counseling Classroom Guidance: Prevention, Accountability, and Outcomes* by Jolie Ziomek-Daigle teaches the fundamentals, strategies, and research outcomes of classroom guidance programming for comprehensive, developmentally appropriate school counseling programs. The content of this book looks at the history and fundamentals of classroom guidance, how these activities meet CACREP and ASCA standards, how and why activities should be aligned to the larger academic curriculum and state/national teaching standards, recommendations on how to develop and assess classroom guidance units, a sampling of units and lessons, techniques in managing the classroom, and outcome research and trends. *School Counseling Classroom Guidance: Prevention, Accountability, and Outcomes* is part of the Counseling and Professional Identity Series, which targets specific competencies identified by CACREP (Council for Accreditation of Counseling and Related Programs). To learn more about each text in the Series, please visit [www.sagepub.com/vip/cpseries](http://www.sagepub.com/vip/cpseries).

### Mrs. Joyce Gives the Best High-Fives

A fun-filled game plan to help boys of upper elementary and middle-school age build trust,

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respect, and peer connections, *Building Champions* covers the topics boys most want and need to become better friends, classmates, and citizens. Numerous hands-on and interactive experiences maintain group members' interest and allow them to practice targeted skills while learning. Each lesson after the first includes three teaching options to address the needs of different types of groups. Eight group lessons cover the following topics: Introduction to Building Champions, Breaking a Sweat (Goal Setting), In the Huddle (Integrity and Respect), Hands In (Relationships), Game Time (Leadership and Teamwork), Sitting on the Bench (Self-Control), The Last Play (Confidence), Shake Hands, Game Over (Being a Good Sport). A CD included with the book provides reproducible items, including lesson "exit slips," student handouts, and program organization and progress tracking forms.

### It's Okay To Be Different

A young girl contrasts the exciting things she might someday do, like digging for dinosaur bones and swimming with dolphins, with her present-day activities of finding loose change in the sofa cushions and feeding her goldfish.

### Spaghetti in a Hot Dog Bun

"In this unique group counseling curriculum for working with girls in grades K-5, authors Shannon Trice-Black and Julia V. Taylor provide 80 activities divided into ten session themes:

Who am I?, My sassy self: positive body image, This or that? Making ch

### Wilma Jean the Worry Machine

Emma McGraw just can't sit back and watch someone being teased?especially one of her friends. So when class bully Jared Matthews chooses EllRay Jakes as his next target, Emma can't hold back. But unfortunately for Emma, her good deed is not appreciated. Instead of helping EllRay, Emma just embarrassed him. What boy wants to be ?saved? by a girl?! Now everyone is calling her Super Emma, and Jared has set his sights on her. Who will rescue Emma now that Jared is tossing around threats? Her superhero may be someone she would never have thought of.

### Someday

This book provides 60 brief but power-packed activities that will capture students' attention mix in some fun and most important provide opportunities for learning. The seven sections in this book offer different approaches to engage your students. \*Learning Through Everyday Objects \*Candy Land of Lessons \*Poster Power of Learning \*Learning Through Reflection Writing \*Brief Skits for Learning \*Kaleidoscope of Activities \*Marvelous Magic Tricks for Learning A wide range of topics are covered across the three domains of personal/social, academic and career development and can be used in a variety of settings: class lessons, individual

counseling, small groups and school-wide.

### It Doesn't Have to be this Way

If Brown can learn to use all of the friendship skills he learns from the others pencils, he will make friends. This first book in the Building Relationship series focuses on relationship-building skills for children. Included are tips for parents and teachers on how to help children who feel left out and have trouble making friends.

### The Zones of Regulation

Strengthen family and community engagement to promote equity and increase student success! When schools, families, and communities collaborate and share responsibility for students' education, more students succeed in school. Based on 30 years of research and fieldwork, this fourth edition of a bestseller provides tools and guidelines to use to develop more effective and equitable programs of family and community engagement. Written by a team of well-known experts, this foundational text demonstrates a proven approach to implement and sustain inclusive, goal-oriented programs. Readers will find: Many examples and vignettes Rubrics and checklists for implementation of plans CD-ROM complete with slides and notes for workshop presentations

### Building Everyday Leadership in All Kids

Offers forty-eight interactive sessions that teach elementary school children leadership skills through activities, discussion, observation, and goal setting, and that support character education and anti-bullying units.

### Worry Says What?

In this book you will learn: Ways to lead, advocate and collaborate for achievement and success for all students. How to craft a vision statement, fine-tune your program focus and enhance the learning process for all students. Steps to determine the amount of time you currently spend in direct and indirect student services and various activities throughout the day and how to work with your administrator to get approval for the proper mix. Details about school counselor competencies and program assessments, helping you evaluate your skills and your programs effectiveness. How to measure program results and promote systemic change within the school system so every student graduates college-and career ready. Ways to analyze your current data, learn what its telling you and act on your schools needs. Methods for demonstrating how students a re different as a result of what you do.

### Building Resiliency

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It's the start of the school year, and nothing feels right to Justin. He didn't get the teacher he wanted, he's not in the same class as his best friend, and his little sister, Elizabeth, is starting kindergarten at his school. Elizabeth doesn't seem nervous at all. Justin is very nervous about third grade. And to top it off, he's lost his favorite stuffed animal, but he can't tell anyone, because technically he's too old to still have stuffed animals. Right? Here is third grade in all its complicated glory—the friendships, the fears, and the advanced math. Acclaimed author Rachel Vail captures third grade with a perfect pitch, and Matthew Cordell's line art is both humorous and touching. As Justin bravely tries to step out of his shell, he will step into readers' hearts. Justin Case is a 2011 Bank Street - Best Children's Book of the Year.

### Classroom Guidance from A to Z

Reluctantly a young boy becomes more and more involved in the activities of a local gang, until a tragic event involving his cousin forces him to make a choice about the course of his life.

### Building Champions

Wilma Jean worries about everything. She worries about missing the bus, doing a math problem wrong, having friends to play with, and getting carrots in her school lunch. Wilma Jean's teacher helps her figure out what worries she can control and those that she can't and what to do about both types of worries.

### Have You Filled a Bucket Today?

Brian has always felt invisible at school, but when a new student, Justin, arrives, everything changes.

### The Texas Model for Comprehensive School Counseling Programs

Illustrated version of a song pointing out that in spite of our differences, we are all the same in God's eyes.

### School Counseling Classroom Guidance

Salvaging Sisterhood is a group curriculum designed to teach relationally aggressive &/or bullying girls how to effectively communicate with one another. Using activities, handouts and other reproducibles, this book explores the important dynamics of female friendships and is designed to raise awareness, teach healthy conflict, and promote a positive change in female relationships.

### My Daddy is in Jail

Building Resiliency is a non-thematic small-group counselling approach that addresses the fact

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that all children, regardless of their particular problems, need to be resilient. Each of the book's eight research-based topics is discussed in four to five sessions designed to help students develop traits that promote resilient behaviours. The topics are: Being Healthy; Goal Setting; Problem Solving; Understanding & Communicating Feelings; Managing Stress; Personal Competency; Social Competency; Positive Outlook. The book also includes formats for group sessions of various lengths, teacher and parent/guardian survey forms, a resiliency quiz which can be used as a pre- and post-test, ASCA standards for each topic, and information supporting the use of resiliency group counselling. This all-inclusive research-based program includes a CD with colour PDF files of all the reproducible materials.

### Salvaging Sisterhood

" a curriculum geared toward helping students gain skills in consciously regulating their actions, which in turn leads to increased control and problem solving abilities. Using a cognitive behavior approach, the curriculum's learning activities are designed to help students recognize when they are in different states called "zones," with each of four zones represented by a different color. In the activities, students also learn how to use strategies or tools to stay in a zone or move from one to another. Students explore calming techniques, cognitive strategies, and sensory supports so they will have a toolbox of methods to use to move between zones. To deepen students' understanding of how to self-regulate, the lessons set out to teach students these skills: how to read others' facial expressions and recognize a broader range of emotions, perspective about how others see and react to their behavior, insight into events that

trigger their less regulated states, and when and how to use tools and problem solving skills. The curriculum's learning activities are presented in 18 lessons. To reinforce the concepts being taught, each lesson includes probing questions to discuss and instructions for one or more learning activities. Many lessons offer extension activities and ways to adapt the activity for individual student needs. The curriculum also includes worksheets, other handouts, and visuals to display and share. These can be photocopied from this book or printed from the accompanying CD."--Publisher's website.

### Bullying in the Girl's World

### Creative Approaches for Counseling Individual Children in the School Setting

Even though she is teased by a boy at school for being different, Lucy has the courage to be herself and comes to the boy's aid when he is in need of help.

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