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Add More Ing to Your Life

Be nice, but not too nice. Be successful, but not too successful. Just be likeable. Whatever that means? Women are stuck in an impossible bind. At work, strong women are criticized for being cold, and warm women are seen as pushovers. An award-winning journalist examines this fundamental paradox and empowers readers to let go of old rules and reimagine leadership rather than reinventing themselves. Consider that even competent women must appear likeable to successfully negotiate a salary, ask for a promotion, or take credit for a job well done—and that studies show these actions usually make them less likeable. And this minefield

is doubly loaded when likeability intersects with race, ethnicity, sexual orientation, and parental status. Relying on extensive research and interviews, and carefully examined personal experience, *The Likeability Trap* delivers an essential examination of the pressure put on women to be amiable at work, home, and in the public sphere, and explores the price women pay for internalizing those demands. Rather than advising readers to make themselves likeable, Menendez empowers them to examine how they perceive themselves and others and explores how the concept of likeability is riddled with cultural biases. Our demands for likeability, she argues, hinder everyone's progress and power. Inspiring, thoughtful and often funny, *The Likeability Trap* proposes surprising, practical solutions for confronting the cultural patterns holding us back, encourages us to value unique talents and styles instead of muting them, and to remember that while likeability is part of the game, it will not break you.

The Great Work of Your Life

In 2005, the "We Got Issues" team — Rha Goddess and JLove Calderon — traveled the country gathering rants from over 1,000 women, from Rikers Island to the Republican National Convention. They held community dialogues, rantfests, and Red Tent gatherings. This joyful call to arms by young women warriors collects the best of those events. *We Got Issues!* showcases a new feminine generation as they speak honestly and courageously about the 10 most important issues facing young women today, from money and racism to relationships and motherhood. Each chapter frames a particular issue socially, culturally, and politically. A diverse range of rants, poems, and monologues are accompanied by an inspiring portrait of a

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woman warrior, "rituals of empowerment," quotes, statistics, and trends. Powerful black-and-white images capture these spiritual descendents of Eve Ensler, Alice Walker, Jane Fonda, and other old-schoolers acting up, acting out, and demanding change.

The Calling

A family relocates to a small house on Ash Tree Lane and discovers that the inside of their new home seems to be without boundaries

How We Work

A comprehensive plan for overcoming chronic illness, stress, and personal setbacks For more than 20 years, Jim Curtis has battled a mysterious chronic illness. He grew accustomed to living in pain, denial, and despair. But when traditional medical therapies didn't help, he sought answers elsewhere. He traveled the world and met a group of extraordinary people he calls The Stimulati—and what he learned from them ultimately changed his life. In The Stimulati Experience, Jim outlines his own incredible journey, as well as his step-by-step program to overcome pain, setback, and struggle to transform your life into one filled with better health, freedom, joy, strength, and purpose. Whether you suffer from a chronic illness, anxiety, or depression, you'll learn how to achieve better health and an abundance of happiness. Featuring a motivational and inspiring foreword by New York Times bestselling author

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Gabrielle Bernstein, *The Stimulati Experience* distills Jim's unique nine-step program created from his own personal experience, *The Stimulati* themselves, and lessons he has learned from creating the world's leading digital health platforms. Using grounded scientific research, practical takeaways, insightful evaluations, and his own personal stories, Jim takes you on a journey of self-discovery so that you can radically improve your life. *The Stimulati Experience* is your ultimate guide to optimal health of the body and mind.

Called Out

"In her coaching and programs for women, Tara Mohr saw how women were "playing small" in their lives and careers, were frustrated by it, and wanted to "play bigger." She has devised a proven way for them to achieve their dreams by playing big from the inside out."--Amazon.com.

Playing Big

DISCOVER WHAT YOU'RE HERE TO DO It's the end of work as we know it. Career paths look nothing like they did in the days before phones got smart. We work more hours at more jobs for more years than ever before. So it's vital that we know how to find work that allows us to remain true to who we are in the deepest sense, work that connects us to something larger than ourselves—in short, our “calling.” We all have one, and bestselling authors Richard Leider and David Shapiro can help you uncover yours. Through a unique Calling Card exercise that

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features a guided exploration of fifty-two “natural preferences” (such as Advancing Ideas, Doing the Numbers, Building Relationships, and Performing Events), Leider and Shapiro give us a new way to uncover our gifts, passions, and values and find work that expresses them. Along the way, they mix in dozens of inspiring true stories about people who have found, or are in the process of finding, their own callings. Uncovering your calling enables you to experience fulfillment in all aspects and phases of your life. And here's the even better news: you'll never have to work again. When you choose to do what you are called to do, you're always doing what you want to do. *Work Reimagined* offers an enlightening, effective, and entertaining approach to discovering what you were born to do, no matter your age or stage of life.

Frindle

“I have long thought that what the Buddha taught can be seen as a highly developed science of mind which, if made more accessible to a lay audience, could benefit many people. I believe that Dr. Weiss’s book, in combining such insights with science and good business practice, offers an effective mindfulness based program that many will find helpful.” --His Holiness, the Dalai Lama

A practical guide to bringing our whole selves to our professional work, based on the author’s overwhelmingly popular course at the Stanford Graduate School of Business. In today’s workplace, the traditional boundaries between “work” and “personal” are neither realistic nor relevant. From millennials seeking employment in the sharing economy to Gen Xers telecommuting to Baby Boomers creating a meaningful second act, the line that separates who we are from the work we do is blurrier than ever. The truth is, we don’t show up

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for our jobs as a portion of ourselves—by necessity, we bring both our hearts and our minds to everything we do. In *How We Work*, mindfulness expert and creator of the perennially-waitlisted Stanford Business School course "Leading with Mindfulness and Compassion" Dr. Leah Weiss explains why this false dichotomy can be destructive to both our mental health and our professional success. The bad news, says Weiss, is that nothing provides more opportunities for negative emotions—anxiety, anger, envy, fear, and paranoia, to name a few—than the dynamics of the workplace. But the good news is that these feelings matter. How we feel at and about work matters—to ourselves, to the quality of our work, and ultimately to the success of the organizations for which we work. The path to productivity and success, says Weiss, is not to change jobs, to compartmentalize our feelings, or to create a false "professional" identity—but rather to listen to the wisdom our feelings offer. Using mindfulness techniques, we can learn how to attend to difficult feelings without becoming subsumed by them; we can develop an awareness of our bigger picture goals that orients us and allows us to see purpose in even the most menial tasks. In *How We Work*, Weiss offers a set of practical, evidence-based strategies for practicing mindfulness in the real world, showing readers not just how to survive another day, but how to use ancient wisdom traditions to sharpen their abilities, enhance their leadership and interpersonal skills, and improve their satisfaction.

Mark Z. Danielewski's House of Leaves

A story of the newsboys (and girls) who took on the world's most powerful press barons--and won.

American Tacos

From the bestselling author of *The 48 Laws of Power* and *The Laws of Human Nature*, a vital work revealing that the secret to mastery is already within you. Each one of us has within us the potential to be a Master. Learn the secrets of the field you have chosen, submit to a rigorous apprenticeship, absorb the hidden knowledge possessed by those with years of experience, surge past competitors to surpass them in brilliance, and explode established patterns from within. Study the behaviors of Albert Einstein, Charles Darwin, Leonardo da Vinci and the nine contemporary Masters interviewed for this book. The bestseller author of *The 48 Laws of Power*, *The Art of Seduction*, and *The 33 Strategies of War*, Robert Greene has spent a lifetime studying the laws of power. Now, he shares the secret path to greatness. With this seminal text as a guide, readers will learn how to unlock the passion within and become masters.

Where the Crawdads Sing

#1 New York Times Bestseller A Reese Witherspoon x Hello Sunshine Book Club Pick "I can't even express how much I love this book! I didn't want this story to end!"--Reese Witherspoon "Painfully beautiful."--The New York Times Book Review "Perfect for fans of Barbara Kingsolver."--Bustle For years, rumors of the "Marsh Girl" have haunted Barkley Cove, a quiet town on the North Carolina coast. So in late 1969, when handsome Chase Andrews is found

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dead, the locals immediately suspect Kya Clark, the so-called Marsh Girl. But Kya is not what they say. Sensitive and intelligent, she has survived for years alone in the marsh that she calls home, finding friends in the gulls and lessons in the sand. Then the time comes when she yearns to be touched and loved. When two young men from town become intrigued by her wild beauty, Kya opens herself to a new life--until the unthinkable happens. Perfect for fans of Barbara Kingsolver and Karen Russell, *Where the Crawdads Sing* is at once an exquisite ode to the natural world, a heartbreaking coming-of-age story, and a surprising tale of possible murder. Owens reminds us that we are forever shaped by the children we once were, and that we are all subject to the beautiful and violent secrets that nature keeps.

The Calling

The discovery of a mysterious object in the U.S. Capitol building and a subsequent kidnapping lead Harvard symbologist Robert Langdon into a web of mysterious codes, secret locations, and hidden knowledge.

The Absolutely True Diary of a Part-Time Indian

A game-changing book offering a six-step approach on how to find and follow your true calling and redefine success from entrepreneur and soul coach Rha Goddess. Are you willing to believe in you? Every single one of us has a calling. For most it's the thing you have to force

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yourself not to do. When you try to ignore it, you can't stop thinking about it. It is the thing that both terrifies you and brings you the most joy. Already living yours? Great! How do you make the most of it? The Calling will provide readers with a road map, via 3 fundamental shifts, on how to stay true, get paid and do good. The steps that will help lead you there include: **RECOGNIZING**—it always begins with awareness. If you can't see it then you can't do anything about it. **ACCEPTING**—means embracing, and taking responsibility for yourself, your life, and the things that want or need to be changed. **FORGIVING**—yourself and others. **AND MORE!** The Calling will be the resource that people have been asking Rha to write for years, and there has never been a better time for her to share her proven method.

Find Me

Is Nick Allen a troublemaker? He really just likes to liven things up at school -- and he's always had plenty of great ideas. When Nick learns some interesting information about how words are created, suddenly he's got the inspiration for his best plan ever: the frindle. Who says a pen has to be called a pen? Why not call it a frindle? Things begin innocently enough as Nick gets his friends to use the new word. Then other people in town start saying frindle. Soon the school is in an uproar, and Nick has become a local hero. His teacher wants Nick to put an end to all this nonsense, but the funny thing is frindle doesn't belong to Nick anymore. The new word is spreading across the country, and there's nothing Nick can do to stop it.

May Cause Miracles

Peace is possible. Peace is our power. Peace is the New Success®. Constantly striving to achieve one goal after another and investing more in our careers than in our actual lives have left many of us feeling overwhelmed, overworked, and disconnected from who we are—anything but happy. Take Sheri Riley. She rose to the top of her field and was miserable. Sure she was successful, but she couldn't buy peace, and material possessions didn't bring her clarity. Now an empowerment speaker and life strategist, Sheri Riley shares the secret that helped her regain her sense of self and purpose. In Exponential Living, she offers nine principles to help the busiest goal-oriented people integrate their professional success with whole-life success:

- Live in Your P.O.W.E.R. (Perspective, Ownership, Wisdom, Engagement, Reward)
- Healthy Living Is More Than Just a Diet
- Pursue Peace and a Positive Mind
- Have a Servant's Heart and a Giving Spirit
- Stop Working, Start Maximizing
- Happy Is a Choice, Joy Is a Lifestyle
- Build Lasting Confidence
- The Courage to Be Faithful
- Exponential Living

Sheri's plan will help you to stop spending 100% of your time on 10% of who you are. Features interviews with Actor/Rapper Chris "Ludacris" Bridges * TV/Film Producer Will Packer * Radio Personality Bert Weiss * Actor Boris Kodjoe * Actor Nicole Ari Parker * CEO Mark Cole * Former NBA Player Darrell Griffith * Former NFL Player Peerless Price * Atlanta City Council President Ceasar Mitchell From the Hardcover edition.

Work Reimagined

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BONUS: This edition contains a *Staying True* discussion guide. In this candid and compelling memoir, the first lady of South Carolina reveals the private ordeal behind her very public betrayal—and offers inspiration for anyone struggling to keep faith during life’s most trying times. She’s been a successful investment banker, a mother of four, and the campaign manager for one of American politics’ rising stars—her husband, Mark Sanford of South Carolina, once widely hailed as a possible candidate for president in 2012. Yet to most Americans, Jenny Sanford is best known for the one role she refused to play—that of conventional political spouse standing silently by while her husband went before the media and confessed his infidelity. Instead, she stayed true—to herself, to her faith, and to her highest ideals of parenthood and public service. She chose to let Mark Sanford deal with the embarrassment and political fallout from his own actions while focusing her own efforts privately on raising their children to be men of character, even in the face of the lies their father has told. In *Staying True*, Jenny Sanford recalls her shock and anguish upon discovering that her husband was having an affair with a woman in Argentina, and the further pain when she learned—just a day ahead of most Americans—that he had not ended the affair when she believed he had. She reveals the source of her determination to be honest and forthright instead of the victim in the tabloid passion play that gripped the nation in June 2009. But her story neither begins nor ends with Mark Sanford’s astounding fall from grace. Writing with uncommon candor from a deep well of spiritual strength, Sanford shares personal stories and life lessons from before and after she stepped into the public realm. She recounts the many stresses—as well as the myriad joys—that she experienced on a daily basis while living in the governmental spotlight. (Just try keeping four young boys out of mischief in the governor’s

mansion!) And she describes the many ways that the seductions of power can drive apart even the most committed couples. At every step along her journey, Jenny Sanford has made choices: She gave up her career, moved far from her home state of Illinois, even changed her religious practices. Every choice was a glad concession to harmonious married life and, in some cases, to the support of her husband's political aspirations. But the one thing she never gave up was her sense of self, her inner moral compass. Her remarkable poise and decency make her a role model for men and women alike. Her story will empower anyone who has fought to maintain independence and integrity—within a marriage or elsewhere in life.

Exponential Living

'Breathtaking I haven't been so entirely consumed by a book for years' Telegraph 'I couldn't put it down. I'll never stop thinking about it' Ann Patchett FEAR KEEPS THEM RUNNING. HOPE KEEPS THEM ALIVE. Vivid, visceral, utterly compelling, AMERICAN DIRT is the unforgettable story of a mother and son's attempt to cross the US-Mexico border. A sensation from the moment it published, it continues to create debate and ignite conversation globally. Yesterday, Lydia had a bookshop. Yesterday, Lydia was married to a journalist. Yesterday, she was with everyone she loved most in the world. Today, her eight-year-old son Luca is all she has left. For him, she will carry a machete strapped to her leg. For him, she will leap onto the roof of a high speed train. For him, she will find the strength to keep running.

The Likeability Trap

A game-changing book offering a six-step approach on how to find and follow your true calling and redefine success from entrepreneur and soul coach Rha Goddess. Every single one of us has a calling. For most people, it is the thing you have to force yourself not to do. When you ignore it, it is the thing that weighs on you and consumes your conscience until you give it its due. It is the thing that both terrifies you and brings you the most joy. Already living yours? Great! How do you make the most of it? Have a sneaking suspicion your best is yet to come? The Calling will provide readers with a road map, in six steps, on how to do good, stay true and get paid, like: Step 1: Recognizing, it always begins with awareness. If you can't see it then you can't do anything about it. Step 2: Accepting, embracing, and taking responsibility for yourself, your life, and the things that want or need to be changed. Step 3: Forgiving yourself and others. And more. The Calling will teach readers how to find their calling and redefine success not as a scarce commodity, but as a hidden quality waiting to be unlocked as soon as we learn to live in alignment with our true selves. The Calling will be the resource that people have been asking Rha to write for years, and there has never been a better time for her to share her proven six step method.

The Soul of Money: Transforming Your Relationship with Money and Life

Trinitee Stokes—best known as Judy Cooper from Disney Channel's K.C. Undercover—is an

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actress, singer, inspirational speaker, and fashion designer who knows how hard it can be to be yourself while following your dreams. Since she began entertaining at the age of 3, Trinitee has faced her share of pressure and obstacles, handling each of them with courage and charm. In her first ever book, *Bold and Blessed: How to Stay True to Yourself and Stand Out from the Crowd*, Trinitee encourages other kids with big dreams. This book features Trinitee's answers to real fans about friends, faith, and fame, and also includes a special photo insert with pictures from Trinitee's childhood to now. Perfect for readers 8 and up, *Bold and Blessed* will empower girls and boys to chase what matters most and have fun along the way!

Do Less

"Thursday morning. One hundred pounds overweight, no man in sight, and rounding the bend to 57 years old—a full-blown catastrophe." What happens when you realize you've had the career of your dreams, but you don't have the life of your dreams? This was the stark reality facing Sheri Salata when she left her twenty-year stint at The Oprah Winfrey Show, Harpo Studios and the OWN network. She had dedicated decades to her dream job, and loved (almost) every minute of it, but had left the rest of her life gathering dust on the shelf. After years of telling other people's makeover stories, Sheri decided to "produce" her own life transformation. And this meant revisiting her past, excavating its lessons, and boldly reimagining her future. In these pages, she invites readers along for the ride—detoxing in the desert, braving humiliation at Hollywood's favorite fitness studio, grappling with losses, reinventing friendships, baring her soul in sex therapy, and more. Part cautionary tale, part

middle-of-life rallying cry, Sheri's stories offer profound inspiration for personal renewal.

Staying True

A practical and spiritual guide for working moms to learn how to have more by doing less. This is a book for working women and mothers who are ready to release the culturally inherited belief that their worth is equal to their productivity, and instead create a personal and professional life that's based on presence, meaning, and joy. As opposed to focusing on "fitting it all in," time management, and leaning in, as so many books geared at ambitious women do, this book embraces the notion that through doing less women can have--and be--more. The addiction to busyness and the obsession with always trying to do more leads women, especially working mothers, to feel like they're always failing their families, their careers, their spouses, and themselves. This book will give women the permission and tools to change the way they approach their lives and allow them to embrace living in tune with the cyclical nature of the feminine, cutting out the extraneous busyness from their lives so they have more satisfaction and joy, and letting themselves be more often instead of doing all the time. Do Less offers the reader a series of 14 experiments to try to see what would happen if she did less in one specific way. So, rather than approaching doing less as an entire life overhaul (which is overwhelming in and of itself), this book gives the reader bite-sized steps to try incorporating over 2 weeks!

American Dirt

Elio believes he has left behind his first love - but as an affair with an older man intensifies, his thoughts turn to the past and to Oliver. Oliver, a college professor, husband and father, is preparing to leave New York. The imminent trip stirs up longing and regret, awakening an old desire and propelling him towards a decision that could change everything. In *Call Me By Your Name*, we fell in love with Oliver and Elio. *Find Me* returns to these unforgettable characters, exploring how love can ripple out from the past and into the future.

The Beautiful No

Everyone has a purpose. And, according to Oprah Winfrey, “Your real job in life is to figure out as soon as possible what that is, who you are meant to be, and begin to honor your calling in the best way possible.” That journey starts right here. In her latest book, *The Path Made Clear*, Oprah shares what she sees as a guide for activating your deepest vision of yourself, offering the framework for creating not just a life of success, but one of significance. The book’s ten chapters are organized to help you recognize the important milestones along the road to self-discovery, laying out what you really need in order to achieve personal contentment, and what life’s detours are there to teach us. Oprah opens each chapter by sharing her own key lessons and the personal stories that helped set the course for her best life. She then brings together wisdom and insights from luminaries in a wide array of fields, inspiring readers to consider

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what they're meant to do in the world and how to pursue it with passion and focus. Renowned figures such as Eckhart Tolle, Brene Brown, Lin-Manuel Miranda, Elizabeth Gilbert, Jay-Z, and Ellen DeGeneres share the greatest lessons from their own journeys toward a life filled with purpose. Paired with over 100 awe-inspiring photographs to help illuminate the wisdom of these messages, *The Path Made Clear* provides readers with a beautiful resource for achieving a life lived in service of your calling – whatever it may be.

Bold and Blessed

A game-changing book offering a six-step approach on how to find and follow your true calling and redefine success from entrepreneur and soul coach Rha Goddess. Are you willing to believe in you? Every single one of us has a calling. For most it's the thing you have to force yourself not to do. When you try to ignore it, you can't stop thinking about it. It is the thing that both terrifies you and brings you the most joy. Already living yours? Great! How do you make the most of it? *The Calling* will provide readers with a road map, via 3 fundamental shifts, on how to stay true, get paid and do good. The steps that will help lead you there include: **RECOGNIZING**—it always begins with awareness. If you can't see it then you can't do anything about it. **ACCEPTING**—means embracing, and taking responsibility for yourself, your life, and the things that want or need to be changed. **FORGIVING**—yourself and others. **AND MORE!** *The Calling* will be the resource that people have been asking Rha to write for years, and there has never been a better time for her to share her proven method.

Ghost

The follow-up to his bestseller *The War of Art*, *Turning Pro* navigates the passage from the amateur life to a professional practice. "You don't need to take a course or buy a product. All you have to do is change your mind." --Steven Pressfield **TURNING PRO IS FREE, BUT IT'S NOT EASY**. When we turn pro, we give up a life that we may have become extremely comfortable with. We give up a self that we have come to identify with and to call our own. **TURNING PRO IS FREE, BUT IT DEMANDS SACRIFICE**. The passage from amateur to professional is often achieved via an interior odyssey whose trials are survived only at great cost, emotionally, psychologically and spiritually. We pass through a membrane when we turn pro. It's messy and it's scary. We tread in blood when we turn pro. **WHAT WE GET WHEN WE TURN PRO**. What we get when we turn pro is we find our power. We find our will and our voice and we find our self-respect. We become who we always were but had, until then, been afraid to embrace and live out.

The Stimulati Experience

Going to college can be exciting, anxiety inducing, and expensive! You want your child to get the most out of their college experience—what advice do you give? *Thriving at College* by Alex Chediak is the perfect gift for a college student or a soon-to-be college student. Filled with wisdom and practical advice from a seasoned college professor and student mentor, *Thriving*

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at College covers the ten most common mistakes that college students make—and how to avoid them! Alex leaves no stone unturned—he discusses everything from choosing a major and discerning one’s vocation to balancing academics and fun, from cultivating relationships with peers and professors to helping students figure out what to do with their summers. Most importantly, this book will help students not only keep their faith but build a vibrant faith and become the person God created them to be.

Calling Extra

Jacqueline Woodson's National Book Award and Newbery Honor winner, now available in paperback with 7 all-new poems. Jacqueline Woodson is the 2018-2019 National Ambassador for Young People's Literature A President Obama "O" Book Club pick Raised in South Carolina and New York, Woodson always felt halfway home in each place. In vivid poems, she shares what it was like to grow up as an African American in the 1960s and 1970s, living with the remnants of Jim Crow and her growing awareness of the Civil Rights movement. Touching and powerful, each poem is both accessible and emotionally charged, each line a glimpse into a child's soul as she searches for her place in the world. Woodson's eloquent poetry also reflects the joy of finding her voice through writing stories, despite the fact that she struggled with reading as a child. Her love of stories inspired her and stayed with her, creating the first sparks of the gifted writer she was to become. Includes 7 new poems, including "Brown Girl Dreaming". Praise for Jacqueline Woodson: A 2016 National Book Award finalist for her adult novel, ANOTHER BROOKLYN "Ms. Woodson writes with a sure understanding of the thoughts

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of young people, offering a poetic, eloquent narrative that is not simply a story . . . but a mature exploration of grown-up issues and self-discovery."--The New York Times Book Review

Miracles Now

So often we fall into the trap of confusing what we do with who we are. We see our vocational calling as the most important thing about us, while our faith calling takes a back seat. And that can wreak havoc on our bodies, our souls, and our relationships. *Called Out* is a deeply personal book from Paula Faris, the beloved on-air reporter for ABC News and former coanchor of *Good Morning America Weekend* and *The View*. It shares her journey through conquering the fears that nearly kept her from the high-profile, high-stakes world of broadcast journalism, and then the dangers when that world threatened to consume her. She faced public humiliation, physical breakdowns, and family struggles, while all along the way God gently reminded her of her true purpose in him. Paula discovered how easy it is to lose sight of who we are as people of God. Today she is the host of ABC's highly successful podcast *Journeys of Faith*, which leans into both her vocational calling and her faith calling. Written with passion and conviction, this book reflects on what it truly means to be called, how to move past the fear holding you back, and how to walk in God's path for you.

The Lost Symbol

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An inspiring guide to finding your life's purpose—what spiritual teachers call dharma—through mindfulness and self-exploration. Stephen Cope says that in order to have a fulfilling life you must discover the deep purpose hidden at the very core of your self. The secret to unlocking this mystery, he asserts, can be found in the pages of a two-thousand-year-old spiritual classic called the Bhagavad Gita—an ancient allegory about the path to dharma, told through a timeless dialogue between the fabled archer, Arjuna, and his divine mentor, Krishna. Cope takes readers on a step-by-step tour of this revered tale and highlights well-known Western lives that embody its central principles—including such luminaries as Jane Goodall, Walt Whitman, Susan B. Anthony, John Keats, and Harriet Tubman, along with stories of ordinary people as well. If you're feeling lost in your own life's journey, *The Great Work of Your Life* may help you to find and to embrace your true calling. Praise for *The Great Work of Your Life* “Keep a pen and paper handy as you read this remarkable book: It's like an owner's manual for the soul.”—Dani Shapiro, author of *Devotion* “A masterwork . . . You'll find inspiration in these pages. You'll gain a better appreciation of divine guidance and perhaps even understand how you might better hear it in your own life.”—*Yoga Journal* “I am moved and inspired by this book, the clarity and beauty of the lives lived in it, and the timeless dharma it teaches.”—Jack Kornfield, author of *A Path with Heart* “A rich source of contemplation and inspiration [that] encourages readers . . . to discover and fully pursue their inner self's calling.”—*Publishers Weekly* “Fabulous . . . If you have ever wondered what your purpose is, this book is a great guide to help you on your path.”—*YogaHara*

The End of October

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Let's be real for a sec. Most of us don't have time for an hour of yoga or 30 minutes of meditation every day. We're overwhelmed as it is. Our spiritual practice shouldn't add to that. That's why I've handpicked 108 simple techniques to combat our most common problems—stress, burnout, frustration, jealousy, resentment. The stuff we have to deal with on a daily basis. This book is designed so that you can achieve peace and experience miracles now. Inspired by some of the greatest spiritual teachings, these practical, moment-to-moment tools will help you eliminate blocks and live with more ease. They're powerful, life-changing meditations and principles, modernized and broken down into easy-to-digest techniques to fit your lifestyle. Throughout the book, I share principles from both A Course in Miracles and Kundalini yoga and meditation. These tools can help you find your connection to your inner strength. When you practice these techniques, fear will melt away, inspiration will spring up, and a sense of peace will set in.

The Path Made Clear

Bestselling author Sherman Alexie tells the story of Junior, a budding cartoonist growing up on the Spokane Indian Reservation. Determined to take his future into his own hands, Junior leaves his troubled school on the rez to attend an all-white farm town high school where the only other Indian is the school mascot. Heartbreaking, funny, and beautifully written, *The Absolutely True Diary of a Part-Time Indian*, which is based on the author's own experiences, coupled with poignant drawings by Ellen Forney that reflect the character's art, chronicles the

contemporary adolescence of one Native American boy as he attempts to break away from the life he was destined to live. With a forward by Markus Zusak, interviews with Sherman Alexie and Ellen Forney, and four-color interior art throughout, this edition is perfect for fans and collectors alike.

The Calling

Tacos may have been created south of the border, but Americans have made this Mexican food their own, with each style reflective of a time and a place. *American Tacos* explores them all, taking us on a detailed and delicious journey through the evolution of this dish. In search of every taco variety from California to Texas and beyond, Ralat traveled from coast to coast and border to border, visiting thirty-eight cities across the country. He examines the pervasive crunchy taco and the new Alta California tacos from chefs Wes Avila, Christine Rivera, and Carlos Salgado. He tastes famous Tex-Mex tacos like the puffy taco and breakfast taco, then tracks down the fry bread taco and the kosher taco. And he searches for the regional hybrid tacos of the American South and the modern, chef-driven tacos of restaurants everywhere. Throughout, he tells the story of how each style of taco came to be, creating a rich look at the diverse taco landscape north of the border. Featuring interviews with taqueros and details on taco paraphernalia and the trappings of taco culture, *American Tacos* is a book no taco fan will want to take a bite without.

Brown Girl Dreaming

Nicole Weider is on a mission: to help young girls avoid the traps that culture sets. The trap that baits you into thinking you must sacrifice your self-worth in order to be beautiful and popular. Nicole launched Project Inspired in 2010 (www.projectinspired.com), a website for teen girls that analyzes pop culture and explores ways girls can live in their authentic beauty. In Project Inspired, Nicole shares tips for you to stay true to yourself—to how you were created to be—as well as how to dress modestly yet fashionably, how to make a positive difference in the world, and how to enjoy your teen years while standing firm in your faith. With photographs, real behind-the-scenes stories from inside the fashion world, and an honest look at living a life that looks great on the outside and feels great on the inside, Project Inspired is a book you'll turn to time and time again.

Project Inspired

“Gabrielle is the real thing. I respect her work immensely.” —Dr. Wayne Dyer “A new role model.” —The New York Times “I came to one of Bernstein’s monthly lectures and got my first look at the woman I’d one day unabashedly refer to as ‘my guru.’” —Elle From #1 New York Times bestselling author Gabrielle Bernstein comes a clear, proactive, step-by-step process to release the beliefs that hold you back from living a better life. This six-step practice offers many promises. Petty resentments will disappear, compassion will replace attack, the energy of

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resistance will transform into freedom and you'll feel more peace and happiness than you've ever known. I can testify to these results because I've lived them. I've never felt more freedom and joy than I have when writing and practicing these steps. My commitment to healing my own relationship to judgment has changed my life in profound ways. My awareness of my judgment has helped me become a more mindful and conscious person. My willingness to heal these perceptions has set me free. I have been able to let go of resentments and jealousies, I can face pain with curiosity and love, and I forgive others and myself much more easily. Best of all, I have a healthy relationship to judgment so that I can witness when it shows up and I can use these steps to quickly return to love. The Judgment Detox is an interactive six-step process that calls on spiritual principles from the text A Course in Miracles, Kundalini yoga, the Emotional Freedom Technique (aka Tapping), meditation, prayer and metaphysical teachings. I've demystified these principles to make them easy to commit to and apply in your daily life. Each lesson builds upon the next to support true healing. When you commit to following the process and become willing to let go, judgment, pain and suffering will begin to dissolve. And the miracles will keep coming. Once you begin to feel better you start to release your resistance to love. The more you practice these steps, the more love enters into your consciousness and into your energetic vibration. When you're in harmony with love, you receive more of what you want. Your energy attracts its likeness. So when you shift your energy from defensive judgment to free-flowing love your life gets awesome. You'll attract exactly what you need, your relationships will heal, your health will improve and you'll feel safer and more secure. One loving thought at a time creates a miracle. Follow these steps to clear all blocks, spread more love and live a miraculous life.

Judgment Detox

Aspiring to be the fastest sprinter on his elite middle school's track team, gifted runner Ghost finds his goal challenged by a tragic past with a violent father.

We Got Issues!

SPEAK UP AND PERSUADE At some point in our lives, we've all experienced an injustice, large or small — a restaurant botching our lunch order or a boss who isn't following the guidelines for workplace etiquette — and suffered in silence for fear of offending anyone. When we fail to speak up, however, we shortchange ourselves. Amy Fish encourages standing up for yourself (and others) by complaining effectively. Her suggestions will appeal to anyone who wants to speak up and isn't sure where to start, including managers navigating workplace disputes, couples who argue about the same things over and over, and even someone with a friend with bad breath. Illustrating her points with funny real-life stories, Fish reveals pragmatic methods to redress grievances with civility, honesty, and fairness for everyone involved — whether you're trying to right the wrongs of the world or just claim the french fries you ordered.

Thriving at College

"A life-changing read. With warmth, honesty, and storytelling, Lynne turns everything we think

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we know about money upside down...It's the book we all need right now." —Bren é Brown, Ph.D., author of the #1 New York Times bestseller *Rising Strong* This liberating book shows us that examining our attitudes toward money—earning it, spending it, and giving it away—offers surprising insight into our lives. Through personal stories and practical advice, Lynne Twist asks us to discover our relationship with money, understand how we use it, and by assessing our core human values, align our relationship with it to our desired goals. In doing so, we can transform our lives. *The Soul of Money* now includes a foreword from Jack Canfield and a new introduction by Lynne Twist, in which she explores the effects of the Great Recession and environmental concerns about our monetary needs and aims.

Attached

Offering a plan for releasing fear and embracing gratitude, reveals how simple, consistent shifts in our thinking and actions can lead to miraculous changes in daily life.

I Wanted Fries with That

Discover the thirty-day -ing Equation to sharpen your intuitive senses and activate untapped inspirations! Lots of people are selling "happiness" these days, but in her hip self-transformation book, *Add More -ing to Your Life*, motivational speaker and life coach Gabrielle Bernstein truly shows you how to make happiness a way of life by accessing your -ing—your

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Inner Guide. In her thirty-day -ing Equation, Gabrielle will show you how to bulldoze negative thought patterns and create personal change through positive affirmations, physical activity, and visualization meditations. Get prepared to change your life by accessing a state of "flow" to help you connect with your -ing. You'll release your negativity and choose happiness!

Turning Pro

"In this propulsive medical thriller--from the Pulitzer Prize winner and best-selling author--Dr. Henry Parsons, an unlikely but appealing hero, races to find the origins and cure of a mysterious new killer virus as it brings the world to its knees. At an internment camp in Indonesia, within one week, forty-seven people are pronounced dead with acute hemorrhagic fever. When the microbiologist and epidemiologist Henry Parsons travels there on behalf of the World Health Organization to investigate, what he finds will soon have staggering repercussions across the globe: an infected man is on his way to join the millions of worshippers in the annual Hajj to Mecca. Now, Henry joins forces with a Saudi doctor and prince in an attempt to quarantine the entire host of pilgrims in the holy city. Matilda Nachinsky, deputy director of U. S. Homeland Security, scrambles to mount a response to what may be an act of biowarfare already-fraying global relations begin to snap, one by one, in the face of a pandemic. Henry's wife Jill and their children face diminishing odds of survival in Atlanta and the disease slashes across the United States, dismantling institutions--scientific, religious, governmental--and decimating the population. As packed with suspense as it is with the riveting history of viral diseases, Lawrence Wright has given us a full-tilt, electrifying, one-of-a-

kind thriller"--

Mastery

Introduces the theory of adult attachment as an advanced relationship science that can enable individuals to find and sustain love, offering insight into the roles of genetics and early family life in how people approach relationships.

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